2022 New Year Challenge

April May June July August September October November December	January	February	March
	April	May	June
October November December	July	August	September
	October	November	December

Monthly Themes

Come up with your own theme for each month with what you want to focus on

Weekly Goals

MONTH:

WEEK 1		
WEEK 2		
WEEK 3		
WEEK 4		

Put together your weekly goals each month